

This Valentine's Day Trust Your Heart to French Hospital



French Hospital's free 7-minute survey could save your life!

- Receive heart-healthy educational materials
- Get a confidential, personalized report
- Meet with Cardiac Risk Reduction Specialist for free counseling session (optional)
- Set goals to reduce your risk
- Learn about CT Calcium Scoring

Go online. Get checked. Save your life.

It's quick, free and completely confidential. Go to FrenchMedicalCenter.org and click on "HeartAware."

Employers — You can use HeartAware as a free employee wellness benefit!

- We'll provide marketing tools and materials to help promote this program in your business
- Get free on-site Lipid Panel testing and ½ hour follow-up consultations for employees
- You may receive a free summary report regarding employee risk factors for future planning and education

Contact Denise Gimbel, RN at (805) 542-6282 for details.



 French Hospital Medical Center
Copeland, Forbes & Rossi
Cardiac Care Center
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 THOMSON REUTERS
TOP HOSPITALS
CARDIOVASCULAR
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 HEALTHGRADES®
French Hospital 5-Star Heart Attack Care 2010